

The Gift of Love through our Feet

An inspirational and empowering presentation with
CHRISTINE LYNNE STORMER-FRYER

FRIDAY 24 MAY 2019

9.30am-4.30pm

Mangreen Trust, Mangreen, Norfolk NR14 8DD

Chris Stormer-Fryer, affectionately known as the 'Universal Foot Lady', enthusiastically shares her amazing insights into Natural Health and Healing.

As a recognised World Authority and popular author of 8 books, Chris shares her wealth of medical and Universal knowledge to bring greater understanding to whoever she meets.



Her vibrant, effervescent spirit inspires each person to recognise their Divine uniqueness and become their authentic self.

Chris Stormer-Fryer's presentations are famously up-beat and exhilarating experiences that frequently create much needed life-changing shifts in a safe, relaxed and friendly environment.

Be inspired!

Come and experience the magic of one of Chris' presentations
It's a real treat!

Soul Investment £80

only £70 if paid by 24 April 2019

Christine Lynne Stormer-Fryer SRN. SCM. HV. Dip R

Chris is a world authority on the gentle **Universal Method of Reflexology**, and renowned for her **Language of the Feet** insights

She is author of **Reflexology, Language of the Feet, The Definitive Guide to Reflexology**, as well as **Reflexology & Get Started in Reflexology and Channelling** in the **Teach Yourself** series.

Some of these have become classic Reflexology texts.

Her latest book, **Hot-Footing it to Health**, published 2018, shares a wealth of new insights and is already a best-seller.

Based in South Africa, Chris spends her time writing and giving inspirational presentations on the spiritual aspects of health and healing all over the world.

She also runs **African Soul Retreats** at **Kingfisher** farm and **Dolphin Safari Swims** in Mozambique.

'The Gift of Love through our Feet' seminar is a fantastic opportunity to meet and be inspired by Chris in Norfolk!

Find out more about Chris and her work at: <http://www.alwaysb.com>

BOOKING FORM - CHRIS STORMER-FRYER SEMINAR

NORFOLK

Friday 24 May 2019

9.30am-4.30pm

I would like to book a place on the seminar

Name

Address.....

Tel mobile

email

I enclose a cheque for.....**Cheques payable to: C.L. Fryer**

Please post to: Pathways School of Reflexology, 247 College Rd, Norwich NR2 3JD

OR:

electronic payment may be made to: C L Fryer, 30-16-42, 01588892

please mark it for 'Norfolk' AND let me know when you have transferred payment



**DIRECTIONS to The Orchard Room,
MANGREEN,
NR14 8DD**

Mangreen is a beautiful venue 4 miles south of Norwich, off the Ipswich Road (A140).

Quick directions to Mangreen –

From A140 southbound –

- From Norwich or the A47 bypass, take the A140 towards Ipswich.
- Take the 2nd turning on the right approximately half a mile after the Southern Bypass roundabout (A47).

From A140 northbound –

- Take the 1st turning on the left after the Dunstan Hall turnoff. The lane is signposted to 'Mangreen'.
- Half a mile later, turn right at the Mangreen Country House sign.

From the B1113

- Take the Byway to Mangreen just north of the Swardeston junction.
- Follow the road to its end and turn right.
- Follow the road until you find the sign for Mangreen Country House on your left

Once you have turned into the Mangreen Country House drive

- Drive past the Stone Circle to the Car Park
- You will be guided where to go for the seminar

Arriving by Train?

Taxis may be booked in advance to meet you at Norwich Station:

eg. Goldstar Taxis 01603 700700:

Cost approx. £11; journey time approx. 25 - 45 mins (off peak/peak times). Please check online for other suppliers.



Overnight stay: Coming from a distance?

To book a room at **Mangreen Country House**, go to: www.booking.com
or phone 01508 570444