



ADVANCED TRAINING REVISED PROGRAMME 2021



COVID-19 UPDATE:

SOME WORKSHOPS, COURSES OR MODULES MAY BE TAUGHT ONLINE

All face-to-face classes will be held in a Covid-secure venue to allow for social distancing

DATES MAY BE SUBJECT TO CHANGE

OVERVIEW OF COURSES AND WORKSHOPS - see pages 2-5 for details & how to book

2021 EVENTS

WORKSHOP/ COURSE	REVISED DATES	DETAILS
FACIAL REFLEXOLOGY Introductory Workshop with Angela Sellens Drake <u>Each workshop 2-5pm</u>	NEW 2-WORSHOP FORMAT LIVE ONLINE Workshop 1: - Sun 13 June Workshop 2: Sun 27 June	LIVE ONLINE TEACHING with theory, guidance and practice Method Sorensensistem™
REFLEXOLOGY & FERTILITY Four linked day workshops <u>Each workshop 2-5pm</u> with Angela Sellens Drake	LIVE ONLINE 4 LINKED WORKSHOPS 1. Sun 12 Sept 2. Sun 26 Sept 3. Sun 3 Oct 4. Sun 17 Oct	LIVE ONLINE TEACHING with theory, guidance and practice
SECRETS OF SPIRITUAL HEALTH AND HAPPINESS 6 linked Zoom workshops LIVE ONLINE <u>Each workshop 6.30-8pm</u> with Angela Sellens Drake	TUESDAY AND THURSDAY WORKSHOPS, JUNE-JULY 1 – Tuesday 15 June 2 – Thursday 17 June 3 – Tuesday 22 June 4 – Thursday 24 June 5 – Tuesday 29 June 6 – Thursday 1 July	LIVE ONLINE TEACHING This also serves as an induction for the Practical Spirituality and Wellness Level 3 Diploma course Planned to begin Autumn 2021
PRACTICAL SPIRITUALITY AND WELLNESS Level 3 Diploma course with the <i>Spiritual Companions Trust and Dr William Bloom</i>	NEW - LIVE ONLINE Dates and details to be confirmed <i>Please contact if you are interested in studying this course online in 2021</i>	PLANNED TO BEGIN AUTUMN 2021 Fully accredited Level 3 Diploma course in a new online format
COMING IN 2022		
HAND REFLEXOLOGY <u>Each workshop 9am-5pm</u> with Angela Sellens Drake	Three linked day workshops Building a full sequence for Hand Reflexology	IN-PERSON TEACHING with guidance and practice Dates to be confirmed
GETTING BETTER ALL THE TIME with Chris Stormer-Fryer	Another of Chris Stormer-Fryer's inspiring seminars	POSTPONED UNTIL 2022 New date and details to follow

2021		NEW DATES	
 <p>FACIAL REFLEXOLOGY</p> <p>LIVE ONLINE</p> <p>A new 2-Workshop Introduction to Facial Reflexology Sorensensistem™ with Angela Sellens Drake</p> <p>Facial Reflexology Sorensensistem™ has been developed over more than 30 years by Lone Sorensen, whose work has earned her three honorary awards from the World Humanitarian Organisation for Health.</p> <p>Facial Reflexology works quickly into the central nervous system and is particularly beneficial for neurological disorders, including pain control.</p> <p>The workshops will introduce:</p> <ul style="list-style-type: none"> • Background and origins of this exciting method • 6 main facial charts used in the treatments • A sequence of techniques to use for yourself and introduce into your practice <p>Includes: Video recording of the workshops and illustrated course notes</p> <p>Open to all reflexologists and complementary health practitioners</p>	<p>LIVE ONLINE</p> <p>NEW 2-WORKSHOP FORMAT</p> <p>taught over 2 x 3-hour sessions</p> <p>Workshop 1 SUNDAY 13 JUNE</p> <p>AND</p> <p>Workshop 2 SUNDAY 27 JUNE</p> <p>Each workshop 2-5pm ONLY</p> <p>£50 total for both workshops</p> <p>6 CPD hours</p>		
	<p>REFLEXOLOGY AND FERTILITY</p>   <p>with Angela Sellens Drake</p>	<p>REFLEXOLOGY AND FERTILITY</p> <p>LIVE ONLINE</p> <p>4 linked workshops</p> <p>Module 1 - Workshops 1 & 2: SUPPORTING NATURAL FERTILITY</p> <ul style="list-style-type: none"> • Understand Common fertility problems • Special techniques and recommended treatment routines to support natural fertility <p>Module 2 - Workshops 3 & 4: SUPPORTING ASSISTED CONCEPTION</p> <ul style="list-style-type: none"> • Understand the stages of the process • When to work & how to adapt treatments • Learn techniques & routines to support <p>Includes: Video recording of the workshops and illustrated course notes</p> <p>Open to all reflexologists Workshops to be attended progressively</p>	<p>LIVE ONLINE</p> <p>2 Modules taught over 4 x 3-hour Workshops:</p> <p>1. Sun 12 Sept</p> <p>2. Sun 26 Sept</p> <p>3. Sun 3 Oct</p> <p>4. Sun 17 Oct</p> <p>✳</p> <p>Each Workshop 2--5pm</p>

2021

NEW DATES



Two exciting new courses linking holistic spirituality and healthcare

SECRETS OF SPIRITUAL HEALTH AND HAPPINESS

is a perfect introduction to the health benefits of person-centred spirituality

- it also serves as an induction for the

PRACTICAL SPIRITUALITY AND WELLNESS LEVEL 3 DIPLOMA COURSE



SECRETS OF SPIRITUAL HEALTH AND HAPPINESS

6-session programme

There's a wealth of evidence that spirituality can be good for our health, happiness and wellbeing.

Discover how to bring these benefits into your life.

This short programme is the result of ten years of research and development, exploring the connections between spirituality and good health.

"Grounded in reliable physiology and psychology, this 'Spiritual Health Programme' is relevant to all those involved in health care".

Professor David Peters MD, Centre for Resilience, Westminster University

Not affiliated with any particular spiritual or religious tradition, this course is open to anyone interested

Six 90-minute sessions

LIVE ONLINE

with

Angela Sellens Drake

TUESDAY AND THURSDAY WORKSHOPS, JUNE-JULY

1 – Tuesday 15 June

2 – Thursday 17 June

3 – Tuesday 22 June

4 – Thursday 24 June

5 – Tuesday 29 June

6 – Thursday 1 July

This course also serves as an induction for the Practical Spirituality and Wellness Level 3 Diploma course

LIVE ONLINE

PRACTICAL SPIRITUALITY AND WELLNESS

Level 3 Diploma course 2021

The first fully accredited professional qualification in UK integrating holistic spirituality and healthcare

- ❖ Explore and deepen your spiritual practice
- ❖ Discover the health benefits of spirituality
- ❖ Develop compassionate care for others
- ❖ Gain a qualification to offer person-centred spiritual support
- ❖ Join an open-hearted supportive community of like-minded peers

Spiritual Companions Trust Educators are working together to create our first fully online Diploma course – **planned to begin Autumn 2021**

Please contact if you are interested in studying this course online in 2021

LIVE ONLINE

With the Spiritual Companions Trust



and Dr William Bloom
Director,
Spiritual Companions Trust

Details to follow

Pathways School of Reflexology

247 College Rd, Norwich NR2 3JD 01603 503794/ 07948 129273 www.pathwaysreflexology.co.uk

COMING IN 2022	DETAILS TO FOLLOW	
<p>HAND REFLEXOLOGY</p> <p>A Light-Touch Approach</p>   <p><i>with</i> Angela Sellens Drake</p>	<p>HAND REFLEXOLOGY</p> <p>Please note: this event is postponed until 2022</p> <p>3 linked workshops</p> <p>Workshop 1</p> <ul style="list-style-type: none">• Understanding reflexology mapping on the hands• Sensing & Assessing techniques for the hands• Core Treatment techniques and Sequence <p>Workshop 2</p> <ul style="list-style-type: none">• Developing a full Hand Reflexology sequence• When and why to choose Hand Reflexology• Adapting to work with specific conditions <p>Workshop 3</p> <ul style="list-style-type: none">• Additional and Advanced Techniques for Hands• Combining Hand and Foot Reflexology• Introducing Hand Reading skills <p>Open to all reflexologists</p> <p>An opportunity to work in depth with Hand Reflexology.</p> <p>Workshops to be attended progressively</p>	<p>In-person teaching</p> <p>POSTPONED UNTIL 2022</p> <p>NEW DATES AND DETAILS TO FOLLOW</p>

GETTING BETTER ALL THE TIME

Please note: this event is postponed until 2022



A message from Chris Stormer-Fryer - in South Africa ...

“After a lot of Soul Searching, I feel that travelling in 2021 is not wise. There is just SO much uncertainty worldwide, and travelling is becoming increasingly challenging.....

I shall instead make professional videos and finish my other books from which those Souls unable to physically attend my presentations can also benefit. These will be freely available.”

Pathways School of Reflexology

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BOOKING FORM

Name(s).....

Phone(s).....

email

I would like to attend the following workshop(s) please indicate

EVENT	DETAIL	YES/ NO
<ul style="list-style-type: none"> Secrets of Spiritual Health and Happiness 	6 workshops - June-July 2021 – LIVE online Tues and Thurs - evenings - 6-8pm	Y/N
<ul style="list-style-type: none"> Facial Reflexology Introductory Workshop 	2 workshops – June 2021 - LIVE online Sunday – afternoons – 2-5pm	Y/N
<ul style="list-style-type: none"> Reflexology and Fertility 	4 workshops – Sept-Oct 2021 - LIVE online Sunday – afternoons – 2-5pm	Y/N
<ul style="list-style-type: none"> Practical Spirituality and Wellness 	Accredited Level 3 Diploma - LIVE online Planned to begin Autumn 2021 - Details TBC	please keep me informed
<ul style="list-style-type: none"> Hand Reflexology 	3 in-person day workshops Planned for 2022 - Details TBC	please keep me informed
<ul style="list-style-type: none"> Getting Better all the Time 	Chris Stormer-Fryer Seminar Planned for 2022 - Details TBC	please keep me informed

MAKING A PAYMENT

AMOUNT TO PAY for events indicated above.....

- I would like to pay by electronic transfer - *Please request payment details*
- email booking form: info@pathwaysreflexology.co.uk

OR

- I enclose a cheque to: **Angela Sellens Drake**
- post cheque/ booking form to: **247 College Rd, Norwich NR2 3JD**