



ADVANCED TRAINING REVISED PROGRAMME 2021



COVID-19 UPDATE:

SOME WORKSHOPS, COURSES OR MODULES WILL BE TAUGHT ONLINE

All face-to-face classes will be held in a Covid-secure venue to allow for social distancing

DATES MAY BE SUBJECT TO CHANGE




OVERVIEW OF COURSES AND WORKSHOPS - see pages 2-5 for details & how to book

2021 EVENTS

WORKSHOP/ COURSE	REVISED DATES	DETAILS
FACIAL REFLEXOLOGY Introductory Workshop with Angela Sellens Drake <u>Each workshop 2-5pm</u>	NEW 2-WORSHOP FORMAT LIVE ONLINE Workshop 1: - Sun 13 June Workshop 2: Sun 27 June	LIVE ONLINE TEACHING with theory, guidance and practice Method Sorensensistem™
REFLEXOLOGY & FERTILITY Four linked day workshops <u>Each workshop 2-5pm</u> with Angela Sellens Drake	LIVE ONLINE 4 LINKED WORKSHOPS <u>Module 1: Sundays 3 & 17 Oct</u> <u>Module 2: Sundays 21 Nov & 5 Dec</u>	LIVE ONLINE TEACHING with theory, guidance and practice
SECRETS OF SPIRITUAL HEALTH AND HAPPINESS 6 linked Zoom workshops LIVE ONLINE <u>Each workshop 7-8.30pm</u> with Angela Sellens Drake	TUESDAY AND THURSDAY WORKSHOPS, SEPTEMBER 1 – Tuesday 7 Sept 2 – Thursday 9 Sept 3 – Tuesday 14 Sept 4 – Thursday 16 Sept 5 – Tuesday 21 Sept 6 – Thursday 23 Sept	LIVE ONLINE TEACHING <u>This also serves as an induction for the Practical Spirituality and Wellness Level 3 Diploma course</u> See dates and details below
PRACTICAL SPIRITUALITY AND WELLNESS Level 3 Diploma course with the <i>Spiritual Companions Trust and Dr William Bloom</i>	NEW - LIVE ONLINE October 2021 – June 2022 - Wednesdays 6-9pm - London time <u>Autumn Term:</u> Oct 20, 27; Nov 3, 10, 17, 24; Dec 1, 8, 15 <u>Spring Term:</u> Jan 19, 26; Feb 2, 9, 16, 23; March 2, 9, 1 <u>Summer Term:</u> April 20, 27; May 4, 11, 18, 25; June 1, 8, 15 Participants need to have attended a <i>Secrets of Spiritual Health and Happiness course</i> as preparation for the Diploma course	
COMING IN 2022		
HAND REFLEXOLOGY <u>Each workshop 9am-5pm</u> with Angela Sellens Drake	Three linked day workshops Building a full sequence for Hand Reflexology	IN-PERSON TEACHING with guidance and practice Dates to be confirmed
GETTING BETTER ALL THE TIME with Chris Stormer-Fryer	Another of Chris Stormer-Fryer's inspiring seminars	POSTPONED UNTIL 2022 New date and details to follow

Pathways School of Reflexology

247 College Rd, Norwich NR2 3JD 01603 503794/ 07948 129273 www.pathwaysreflexology.co.uk

2021		NEW DATES			
	<h2 style="color: red; text-align: center;">FACIAL REFLEXOLOGY</h2> <p style="text-align: center; background-color: #800000; color: yellow; padding: 2px;">LIVE ONLINE</p> <p style="text-align: center;">A new 2-Workshop Introduction to Facial Reflexology Sorensensistem™</p> <p>Facial Reflexology Sorensensistem™ has been developed over more than 30 years by Lone Sorensen, whose work has earned her three honorary awards from the World Humanitarian Organisation for Health.</p> <p>Facial Reflexology works quickly into the central nervous system and is particularly beneficial for neurological disorders, including pain control.</p> <p>The workshops will introduce:</p> <ul style="list-style-type: none"> • Background and origins of this exciting method • 6 main facial charts used in the treatments • A sequence of techniques to use for yourself and for friends and family <p>Includes: Video recording of the workshops and illustrated course notes</p> <p style="color: red; text-align: center;">Facial Reflexology Sorensensistem™ ‘Hands-on’ Training: Pathways is an authorised School for providing Hands-on Training to support the online Facial Reflexology Diploma course run by the International Reflexology School.</p> <p style="text-align: center;">Open to all reflexologists and complementary health practitioners and those interested in training or wanting to explore facial reflexology</p>		LIVE ONLINE	<p style="color: red; font-weight: bold;">NEW 2-WORKSHOP FORMAT</p> <p style="text-align: center;"><i>with</i> Angela Sellens Drake taught over <u>2 x 3-hour sessions</u></p>	
		<p>Workshop 1 SUNDAY 13 JUNE</p> <p style="text-align: center;">AND</p> <p>Workshop 2 SUNDAY 27 JUNE</p>			
		<p>Each workshop 2-5pm</p> <p style="color: red; font-weight: bold;">ONLY £50 total for both workshops</p> <p>6 CPD hours</p>			
<p style="color: red; font-weight: bold; text-align: center;">REFLEXOLOGY AND FERTILITY</p>   <p style="text-align: center;"><i>with</i> Angela Sellens Drake</p>	<h2 style="color: red; text-align: center;">REFLEXOLOGY AND FERTILITY</h2> <p style="text-align: center; background-color: #800000; color: yellow; padding: 2px;">LIVE ONLINE</p> <p style="text-align: center;">4 linked workshops</p> <p>Module 1 - Workshops 1 & 2: SUPPORTING NATURAL FERTILITY</p> <ul style="list-style-type: none"> • Understand Common fertility problems • Special techniques and recommended treatment routines to support natural fertility <p>Module 2 - Workshops 3 & 4: SUPPORTING ASSISTED CONCEPTION</p> <ul style="list-style-type: none"> • Understand the stages of the process • When to work & how to adapt treatments • Learn techniques & routines to support <p>Includes: Video recording of the workshops and illustrated course notes</p> <p style="text-align: center;">Open to all reflexologists Workshops to be attended progressively</p>		LIVE ONLINE	<p>2 Modules taught over 4 x 3-hour Workshops:</p> <p style="color: red; font-weight: bold;">1. Sun 3 Oct 2. Sun 17 Oct</p> <p style="text-align: center;">*</p> <p style="color: red; font-weight: bold;">3. Sun 21 Nov 4. Sun 5 Dec</p> <p style="background-color: #ffffcc; padding: 5px;">Each Workshop 2--5pm</p>	<p>One Module</p> <p style="color: red; font-weight: bold;">£75</p> <p style="text-align: center;"><i>both</i> Modules</p> <p style="color: red; font-weight: bold;">ONLY £130</p> <p style="text-align: center;">when booked together</p> <p style="text-align: center;">*</p> <p>6 CPD hours each Module</p>

2021

NEW DATES



Two exciting new courses linking holistic spirituality and healthcare

SECRETS OF SPIRITUAL HEALTH AND HAPPINESS

is a perfect introduction to the health benefits of person-centred spirituality

- it also serves as an induction for the

PRACTICAL SPIRITUALITY AND WELLNESS LEVEL 3 DIPLOMA COURSE



SECRETS OF SPIRITUAL HEALTH AND HAPPINESS

6-session programme

There's a wealth of evidence that spirituality can be good for our health, happiness and wellbeing. Discover how to bring these benefits into your life.

This short programme is the result of ten years of research and development, exploring the connections between spirituality and good health.

Not affiliated with any particular spiritual or religious tradition, this course is open to anyone interested

"Grounded in reliable physiology and psychology, this 'Spiritual Health Programme' is relevant to all those involved in health care".
Professor David Peters MD, Centre for Resilience, Westminster University

Secrets of Spiritual Health & Happiness is the induction course for the *Level 3 Diploma in Practical Spirituality and Wellness*

For more information about the 'Secrets' course:
<https://spiritualcompanions.org/secrets-of-spiritual-health/>

Six 90-minute sessions
7-8.30pm

LIVE ONLINE

with Angela Sellens Drake

TUESDAY AND THURSDAY WORKSHOPS, SEPTEMBER

- 1 – Tuesday 7 Sept
- 2 – Thursday 9 Sept
- 3 – Tuesday 14 Sept
- 4 – Thursday 16 Sept
- 5 – Tuesday 21 Sept
- 6 – Thursday 23 Sept

Course fee: £90

This course also serves as an induction for the Practical Spirituality and Wellness Level 3 Diploma course



LIVE ONLINE

PRACTICAL SPIRITUALITY AND WELLNESS

Level 3 Diploma course 2021

The first accredited UK professional qualification integrating holistic spirituality and healthcare

- ❖ Gain a qualification to offer person-centred spiritual support
- ❖ Explore and deepen your spiritual practice
- ❖ Discover the health benefits of spirituality
- ❖ Develop compassionate care for others
- ❖ Join an open-hearted supportive community of like-minded peers

LIVE ONLINE October 2021 – June 2022 - Wednesdays 6-9pm - London time
Autumn Term — October 20, 27; November 3, 10, 17, 24; December 1, 8, 15
Spring Term — January 19, 26; February 2, 9, 16, 23; March 2, 9, 16
Summer Term — April 20, 27; May 4, 11, 18, 25; June 1, 8, 15

Participants need to have attended **Secrets of Spiritual Health & Happiness** as preparation for the Diploma course

LIVE ONLINE

with the *Spiritual Companions Trust*



and Dr William Bloom
Director

For more information about the Diploma course:
<https://spiritualcompanions.org/diploma-overview/>

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COMING IN 2022		DETAILS TO FOLLOW
<p>HAND REFLEXOLOGY</p> <p>A Light-Touch Approach</p>   <p><i>with</i> Angela Sellens Drake</p>	<p>HAND REFLEXOLOGY</p> <p>Please note: this event is postponed until 2022</p> <p>3 linked workshops</p> <p>Workshop 1</p> <ul style="list-style-type: none">• Understanding reflexology mapping on the hands• Sensing & Assessing techniques for the hands• Core Treatment techniques and Sequence <p>Workshop 2</p> <ul style="list-style-type: none">• Developing a full Hand Reflexology sequence• When and why to choose Hand Reflexology• Adapting to work with specific conditions <p>Workshop 3</p> <ul style="list-style-type: none">• Additional and Advanced Techniques for Hands• Combining Hand and Foot Reflexology• Introducing Hand Reading skills <p>Open to all reflexologists</p> <p>An opportunity to work in depth with Hand Reflexology.</p> <p>Workshops to be attended progressively</p>	<p>In-person teaching</p> <p>POSTPONED UNTIL 2022</p> <p>NEW DATES AND DETAILS TO FOLLOW</p>

GETTING BETTER ALL THE TIME

Please note: this event is postponed until 2022

A message from Chris Stormer-Fryer - in South Africa ...



“After a lot of Soul Searching, I feel that travelling in 2021 is not wise. There is just SO much uncertainty worldwide, and travelling is becoming increasingly challenging.....

I shall instead make professional videos and finish my other books from which those Souls unable to physically attend my presentations can also benefit. These will be freely available.”

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ADVANCED TRAINING REVISED PROGRAMME 2021



BOOKING FORM

Name(s).....

Phone(s).....

email

I would like to attend the following workshop(s) please indicate

EVENT	DETAIL	YES/ NO
<ul style="list-style-type: none"> Secrets of Spiritual Health and Happiness 	6 workshops - September 2021 – LIVE online Tues and Thurs - evenings - 7-8.30pm	Y/N
<ul style="list-style-type: none"> Facial Reflexology Introductory Workshops 	2 workshops – June 2021 - LIVE online Sunday – afternoons – 2-5pm	Y/N
<ul style="list-style-type: none"> Reflexology and Fertility Workshops 	4 workshops – Oct -Dec 2021 - LIVE online Sunday – afternoons – 2-5pm	Y/N
<ul style="list-style-type: none"> Practical Spirituality and Wellness accredited Level 3 Diploma course 	Accredited Level 3 Diploma - LIVE online - see details above For more information and Applications: https://spiritualcompanions.org/diploma-overview/	
<ul style="list-style-type: none"> Hand Reflexology 	3 in-person day workshops Planned for 2022 - Details TBC	please keep me informed
<ul style="list-style-type: none"> Getting Better all the Time 	Chris Stormer-Fryer Seminar Planned for 2022 - Details TBC	please keep me informed

MAKING A PAYMENT

AMOUNT TO PAY for events indicated above.....

- I would like to pay by electronic transfer - Please request payment details
- email booking form: info@pathwaysreflexology.co.uk

OR

- I enclose a cheque to: Angela Sellens Drake
- post cheque/ booking form to: 247 College Rd, Norwich NR2 3JD