

# PRACTICAL SPIRITUALITY AND WELLNESS



**LEVEL 3 DIPLOMA 2021-22**



**LIVE ONLINE**

The UK's first fully accredited professional qualification integrating holistic spirituality and healthcare

Gain a professional qualification to give person-centred spiritual support and pastoral care

*Spirituality emphasises the healing of the person, not just the disease.*

*It views life as a journey, where good and bad experiences can help you to learn, develop and mature.*

Royal College of Psychiatrists

- Discover the health benefits of spirituality
- Explore and deepen your spiritual practice
- Develop compassionate care for others
- Join a supportive community of like-minded peers



*Health is a dynamic state of complete physical, mental, spiritual, and social well-being and not merely the absence of disease or infirmity.*

World Health Organisation

The Level 3 professional qualification will foster within you a range of new skills which may be integrated into your current career, provide the basis for setting up an independent practice or inform your work within existing healthcare, educational or social-care settings.

These skills will also help develop your personal wellbeing and enable you to support friends and family through improved relationships and caring communication.



Dr William Bloom, Director  
Spiritual Companions Trust

**Spiritual Companions Trust Educators - led by Dr William Bloom – are working together to offer our first fully online Diploma course**

**LIVE ONLINE**

October 2021 – June 2022

Wednesdays 6-9pm - London time

Autumn Term — October 20, 27; November 3, 10, 17, 24; December 1, 8, 15

Spring Term — January 19, 26; February 2, 9, 16, 23; March 2, 9, 16

Summer Term — April 20, 27; May 4, 11, 18, 25; June 1, 8, 15

All participants must have previously attended the *Secrets of Spiritual Health & Happiness* course as preparation for joining the Diploma course

For more information: <https://spiritualcompanions.org/diploma-overview/>