



ADVANCED TRAINING

REVISED PROGRAMME 2021-22



COVID-19 UPDATE:

SOME WORKSHOPS, COURSES OR MODULES WILL BE TAUGHT ONLINE

All face-to-face classes will be held in a Covid-secure venue to allow for social distancing

DATES MAY BE SUBJECT TO CHANGE

OVERVIEW OF COURSES AND WORKSHOPS - see pages 2-5 for details & how to book

2021 EVENTS

WORKSHOP/ COURSE	DATES	DETAILS
<p>SECRETS OF SPIRITUAL HEALTH AND HAPPINESS</p> <p>6 linked Zoom workshops</p> <p>LIVE ONLINE</p> <p><u>Each workshop 7-8.30pm</u></p> <p>with Angela Sellens Drake</p>	<p>TUESDAY AND THURSDAY WORKSHOPS, SEPTEMBER</p> <p>1 – Tuesday 7 Sept</p> <p>2 – Thursday 9 Sept</p> <p>3 – Tuesday 14 Sept</p> <p>4 – Thursday 16 Sept</p> <p>5 – Tuesday 21 Sept</p> <p>6 – Thursday 23 Sept</p>	<p>LIVE ONLINE TEACHING</p> <p><u>This also serves as an induction for the Practical Spirituality and Wellness Level 3 Diploma course</u></p> <p>See dates and details below</p>
<p>PRACTICAL SPIRITUALITY AND WELLNESS</p> <p>Level 3 Diploma course</p> <p>with</p> <p><i>Dr William Bloom</i></p> <p>and</p> <p><i>Spiritual Companions Trust Educators</i></p>	<p>NEW - LIVE ONLINE</p> <p>October 2021 – June 2022 - Wednesdays 6-9pm - London time</p> <p>Autumn Term: Oct 20, 27; Nov 3, 10, 17, 24; Dec 1, 8, 15</p> <p>Spring Term: Jan 19, 26; Feb 2, 9, 16, 23; March 2, 9, 16</p> <p>Summer Term: April 20, 27; May 4, 11, 18, 25; June 1, 8, 15</p> <p>Participants need to have attended a <i>Secrets of Spiritual Health and Happiness course</i> as preparation for the Diploma course</p>	
<p>Study FACIAL REFLEXOLOGY</p> <p>-Original Method Lone Sorensen -</p> <p>Supported by</p> <p>Angela Sellens Drake</p> <p>authorised 'Hands-on' trainer</p>	<p>Professional DIPLOMA education online (all 5 levels)</p> <p>with</p> <p>16 hours of 'Hands-On' Training</p> <p>Please Contact for next dates</p>	 <p>METHOD Lone Sorensen</p> <p>Norfolk and East Anglia, UK</p> <p>Authorized HANDS-ON trainer of Facial Reflexology International Reflexology School</p>
<h3>COMING IN 2022</h3>		
<p>REFLEXOLOGY & FERTILITY</p> <p>2 linked day workshops</p>	<p>Two linked day workshops with theory, guidance and practice</p>	<p>IN-PERSON TEACHING</p> <p>New dates for 2022 tbc</p>
<p>HAND REFLEXOLOGY</p> <p>3 linked day workshops</p>	<p>Three linked day workshops</p> <p>Become confident with Hand Reflexology</p>	<p>IN-PERSON TEACHING</p> <p>New dates for 2022 tbc</p>
<p>GETTING BETTER ALL THE TIME</p> <p>with Chris Stormer-Fryer</p>	<p>Another of</p> <p>Chris Stormer-Fryer's inspiring seminars</p>	<p>POSTPONED UNTIL 2022</p> <p>New date and details tbc</p>

2021

NEW DATES



Two exciting new courses linking holistic spirituality and healthcare

SECRETS OF SPIRITUAL HEALTH AND HAPPINESS

is a perfect introduction to the health benefits of person-centred spirituality

- and it also serves as an induction for the -

PRACTICAL SPIRITUALITY AND WELLNESS LEVEL 3 DIPLOMA COURSE



SECRETS OF SPIRITUAL HEALTH AND HAPPINESS

6-session programme

There's a wealth of evidence that spirituality can be good for our health, happiness and wellbeing. Discover how to bring these benefits into your life.

This short programme is the result of ten years of research and development, exploring the connections between spirituality and good health.

Not affiliated with any particular spiritual or religious tradition, this course is open to anyone interested

"Grounded in reliable physiology and psychology, this 'Spiritual Health Programme' is relevant to all those involved in health care".
Professor David Peters MD, Centre for Resilience, Westminster University

Secrets of Spiritual Health & Happiness is the induction course for the *Level 3 Diploma in Practical Spirituality and Wellness*

For more information about the 'Secrets' course:
<https://spiritualcompanions.org/secretsof-spiritual-health/>

Six 90-minute sessions
7-8.30pm

LIVE ONLINE

with Angela Sellens Drake

TUESDAY AND THURSDAY WORKSHOPS, SEPTEMBER

- 1 – Tuesday 7 Sept
- 2 – Thursday 9 Sept
- 3 – Tuesday 14 Sept
- 4 – Thursday 16 Sept
- 5 – Tuesday 21 Sept
- 6 – Thursday 23 Sept

Course fee: £90

This course also serves as an induction for the Practical Spirituality and Wellness Level 3 Diploma course



LIVE ONLINE

PRACTICAL SPIRITUALITY AND WELLNESS

Level 3 DIPLOMA course 2021

The first accredited UK professional qualification integrating holistic spirituality and healthcare

- ❖ Gain a qualification to offer person-centred spiritual support
- ❖ Explore and deepen your spiritual practice
- ❖ Discover the health benefits of spirituality
- ❖ Develop compassionate care for others
- ❖ Join an open-hearted supportive community of like-minded peers

LIVE ONLINE October 2021 – June 2022 - Wednesdays 6-9pm - London time
Autumn Term — October 20, 27; November 3, 10, 17, 24; December 1, 8, 15
Spring Term — January 19, 26; February 2, 9, 16, 23; March 2, 9, 16
Summer Term — April 20, 27; May 4, 11, 18, 25; June 1, 8, 15

Participants need to have attended **Secrets of Spiritual Health & Happiness** as preparation for the Diploma course



and Dr William Bloom
Director

For more information about the Diploma course:

<https://spiritualcompanions.org/diploma-overview/>

2021-22

NEW DATES

Study FACIAL REFLEXOLOGY

- the Original method Lone Sorensen -

Professional DIPLOMA Education online (all 5 Levels) Sorensensistem™



Facial Reflexology Sorensensistem™ has been developed over more than 30 years by Lone Sorensen, whose work has earned her three honorary awards from the World Humanitarian Organisation for Health.

Facial Reflexology works quickly into the central nervous system and is particularly beneficial for neurological disorders, including pain control.

- Lone Sorensen is teaching all five Modules of
The Facial Reflexology Sorensensistem™ Diploma online –
with 16 hours of additional 'Hands-on' training from authorised trainers

for more information about the Diploma training contact Angela or visit Lone's website:

<https://facialreflexologyschool.lpages.co/>

CONTACT US FOR NEXT DATES

Open to all reflexologists and complementary health practitioners
and those interested in training or wanting to explore facial reflexology

Pathways School of Reflexology

247 College Rd, Norwich NR2 3JD 01603 503794/ 07948 129273 www.pathwaysreflexology.co.uk

COMING IN 2022		DETAILS TO FOLLOW
 <p>with Angela Sellens Drake</p>	<h2>REFLEXOLOGY AND FERTILITY</h2> <p>2 day Workshops</p> <p>Module 1 - SUPPORTING NATURAL FERTILITY</p> <p>Module 2 - SUPPORTING ASSISTED CONCEPTION</p> <ul style="list-style-type: none">• Understand the stages of the process• When to work & how to adapt treatments• Learn techniques & routines to support	<p>Open to all reflexologists</p> <p>NEW DATES 2022 tbc</p> 
 <p>with Angela Sellens Drake</p>	<h2>HAND REFLEXOLOGY</h2> <p>A Light-Touch Approach</p> <p>3 day workshops</p> <p>An opportunity to work in depth and sensitivity</p> <p>with HAND REFLEXOLOGY</p>	<p>Open to all reflexologists</p> <p>NEW DATES 2022 tbc</p> 
	<h2>GETTING BETTER ALL THE TIME</h2> <p>Another of Chris Stormer-Fryer's inspiring seminars</p> <p>A message from Chris - in South Africa</p> <p>"After a lot of Soul Searching, I feel that travelling in 2021 is not wise. There is just SO much uncertainty worldwide, and travelling is becoming increasingly challenging.....</p> <p>I shall instead make professional videos and finish my other books from which those Souls unable to physically attend my presentations can also benefit. These will be freely available."</p> <p>See Chris's Facebook page - Christine Lynne Stormer-Fryer</p> <p>for her latest wonderful videos :)</p>	

Pathways School of Reflexology

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BOOKING FORM

Name(s).....

Phone(s).....

email

I would like to attend the following workshop(s) please indicate

EVENT	DETAIL	YES/ NO
<ul style="list-style-type: none"> Secrets of Spiritual Health and Happiness 	6 workshops - September 2021 – LIVE online Tues and Thurs - evenings - 7-8.30pm	Y/N
<ul style="list-style-type: none"> Practical Spirituality and Wellness accredited Level 3 Diploma course 	Accredited Level 3 Diploma - LIVE online - see details above For more information and Applications: https://spiritualcompanions.org/diploma-overview/	
<ul style="list-style-type: none"> Facial Reflexology – original method Lone Sorensen – 	Professional DIPLOMA education online (all 5 levels) with ‘Hands-On’ Training Contact us for more information	please keep me informed of new dates
<ul style="list-style-type: none"> Reflexology and Fertility 	2 in-person day workshops Supporting Natural Fertility and Assisted Conception	please keep me informed of new dates
<ul style="list-style-type: none"> Hand Reflexology 	3 in-person day workshops Planned for 2022 - Details TBC	please keep me informed of new dates
<ul style="list-style-type: none"> Getting Better all the Time 	Chris Stormer-Fryer Seminar Planned for 2022 - Details TBC	please keep me informed of new dates

MAKING A PAYMENT

AMOUNT TO PAY for events indicated above.....

- I would like to pay by electronic transfer - Please request payment details
- email booking form: info@pathwaysreflexology.co.uk

OR

- I enclose a cheque to: Angela Sellens Drake
- post cheque/ booking form to: 247 College Rd, Norwich NR2 3JD