



Pathways School of Reflexology



Refresher Training for Confirmation of Professional Standards Course Information

This course is suitable for:

- reflexologists who have been out of practice for a while and need a refresher
- those who have not completed the current regulated qualification and would like to be able to join AoR*

*** If you would like to be able to join AoR following your Refresher Training, please contact AoR in the first instance to complete the AoR Initial Information Form. This will check that you would be eligible for membership after this training.**

The course is made up of three elements:

1. A study day that covers 'Refresher' theory and practical
2. Two written-up Case Studies, each describing 3 treatments given to a client
3. An assessment of a Practical Treatment

Guidelines for Practical and Case Study criteria will be provided to those applying for the Refresher Training

The day covers theory and practical, including:

- Legislation update
- Informed consent
- Contra-indications
- Treatment reactions
- Mapping the feet
- Effects of reflexology
- Record keeping
- Consultation
- Assessment of client
- Feedback, treatment planning & aftercare advice
- Reflective practice
- Techniques and sequence

Additional information

- Fee for the 6-hour CPS Refresher Training Day is £150. The Day may be made up of two 3-hour half-days, if preferred.
- If additional training is considered necessary following assessment, recommendations will be made and discussed.
- If it is not important to you to become eligible for AoR membership, let us know and we can discuss your needs

Pathways is an AoR Affiliated School running accredited Professional Reflexology Training as well as Advanced/CPD courses